

coopTM deals



SEPT 1-SEPT 14, 2010



10/\$7

BROWN COW
Yogurt
6 oz., selected varieties



2/\$5 **NATURE'S PATH**
Organic Waffles
7.5 oz., selected varieties



\$2.99

BARBARA'S BAKERY
Shredded Cereal
13-16 oz., selected varieties



2/\$5

SANTA CRUZ ORGANIC
Organic Applesauce
23 oz., selected varieties

NEW LEAF
market
COOPERATIVELY OWNED

Wellness

September 1-28



**25%
off**

Kids Swirl, Kids DHA
Liquid, Kids Omega
Burst, Pet Flax Oil



**25%
off**



**25%
off**



**25%
off**



**30%
off**



\$7.99

EQUAL EXCHANGE
Organic Breakfast
Blend Coffee
per pound in bulk



99¢

BULK
Organic Millet
per pound in bulk



\$1.39

BULK
Organic Pinto Beans
per pound in bulk



\$1.99

MUIR GLEN
Organic Tomatoes
28 oz., selected varieties



\$11.99

SPECTRUM NATURALS
Organic Extra Virgin Olive Oil
25.4 oz.

Some items may not be available at all stores or on the same days.



\$2.99

KASHI
Organic Strawberry
Fields Cereal
10.4 oz.



\$2.29

PACIFIC
Organic Almond Beverage
3.2 oz., selected varieties



\$2.49

BARBARA'S BAKERY
Cereal Bars
7.8 oz., selected varieties



\$3.29

R.W. KNUDSEN
Organic Juice
3.2 oz., selected varieties



\$2.79

**RUDI'S ORGANIC
BAKERY**
Organic English Muffins
12 oz., selected varieties



\$2.99

**NEWMAN'S OWN
ORGANICS**
Fig Newman's
12 oz., selected varieties



\$3.99

**MEDITERRANEAN
ORGANIC**
Organic Fruit Preserves
13 oz., selected varieties



\$1.99

CHOCOLOVE
Chocolate Bar
3.2 oz., selected varieties



\$2.69

**SEVENTH
GENERATION**
Bath Tissue
per 4 pack
352 sheets, 2-ply



\$9.99

EARTH FRIENDLY
Liquid Laundry Detergent
100 oz., selected varieties

**natural
Factors**

**35%
off**

NEWCHAPTER
Delivering the Wisdom of Nature

**25%
off**

Yerba Prima

**25%
off**

**IRWIN
NATURALS**
**35%
off**

Save More With Page 4

Meat

September 1-7

All Natural Beef Chuck \$6.49/lb
[Suggested Retail \$6.89/lb]

**All Natural Beef
Country Style Ribs** \$6.59/lb
[Suggested Retail \$6.99/lb]

**All Natural
Boneless Ribeye Filet** \$16.59/lb
[Suggested Retail \$16.99/lb]

**Niman Ranch
Boneless Ham Steaks**..... \$7.29/lb
[Suggested Retail \$7.99]

September 8-14

**All Natural
Beef Top Sirloin Filet** \$10.59/lb
[Suggested Retail \$10.99/lb]

All Natural Sirloin Kabob \$7.99/lb
[Suggested Retail \$8.99/lb]

**Niman Ranch
Boneless Center Cut Chops** \$7.99/lb
[Suggested Retail \$8.99/lb]

Specialty

September 1-28

Ass Kisser Wine..... \$8.99
All Varietals
750ml [Suggested Retail \$10.99]

La Griveliere \$9.99
Cotes Du Rhone
750ml [Suggested Retail \$11.99]

Visit www.newleafmarket.coop/sales for additional sales.



\$2.99

DR. KRACKER
Organic Flatbread
7 oz., selected varieties



\$3.99

ORGANIC VALLEY
Organic Stringles Cheese
6 oz., selected varieties



\$2.99

ANNIE'S NATURALS
Organic Dressing
8 oz., selected varieties



2/\$5

TERRA
Exotic Veggie Chips
6 oz., selected varieties



\$2.79

YVES
Veggie Dogs
9.7 oz.



\$1.39

WILD WOOD
Soymilk Creamer
16 oz., selected varieties



2/\$10

RISING MOON ORGANICS
Pizza
17 oz., selected varieties



\$1.79

REDWOOD HILL YOGURT
Goat Yogurt
6 oz., selected varieties



2/\$5

RISING MOON ORGANICS
Organic Pasta
8 oz., selected varieties



\$2.99 **STAHLBUSH ISLAND FARMS**
Frozen Fruit
10 oz., selected varieties



\$1.99

FANTASTIC FOODS
Vegetarian Entrée Mix
2.7-10 oz., selected varieties



\$3.79

WOODSTOCK FARMS
Organic Pickles
24 oz., selected varieties



\$2.49

TASTY BITE
Indian Entrees
10 oz., selected varieties



\$1.79

PIRATE BRANDS
Baked Snacks
4-6 oz., selected varieties



99¢

CLIF
Endurance Bar
2.4 oz., selected varieties

WHY DOES YOUR CO-OP ROCK?



Show us your video.

The My Co-op Rocks Video Contest is back! **Starting September 1**, enter your original online video to show the world why your co-op rocks. Get in on the action at www.MyCoopRocks.coop, where you can watch video submissions, leave comments and ratings, and submit your own video for a chance to win super sweet prizes.

Win cool prizes!



www.MyCoopRocks.coop

Sponsors:





www.newleafmarket.coop
1235 Apalachee Pkwy
850.942.2557

COOPERATIVELY OWNED

NEWLEAF market

Your
Community
Grocery
Store

THE CHAMBER
GREATER TALLAHASSEE CHAMBER OF COMMERCE
SMALL BUSINESS EXCELLENCE AWARDS
2010 WINNER



\$3.49

**TRADITIONAL
MEDICALS**
Organic Women's Tea
16 ct., selected varieties



\$19.99

NORDIC NATURALS
Children's DHA
180 ct.
other Children's supplements
also on sale



\$5.99

DESERT ESSENCE
Thoroughly Clean Face Wash
8.5 oz.



\$29.99

FLORA
Floressence Tea Blend
17 oz.



\$5.99

BADGER
Organic Healing Balm
2 oz.



\$4.99

GIOVANNI
Shampoo or Conditioner
8.5 oz., selected varieties

Join the conversation at www.StrongerTogether.coop

coopTM
stronger together

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