

WELLNESS CONT.

- Country Life Formulas**..... \$8.99
Calcium-Magnesium Zinc
90tb [Suggested Retail \$11.99]
- Country Life Formulas Multi-Vitamin**.....\$16.99
Max for Men, Maxine for Women
60-90tb [Suggested Retail \$20.99]
- Gaia Formulas**..... \$17.99-21.99
Assorted Formulas
60vc [Suggested Retail \$24.99-28.99]
- Jarrow Formulas** \$11.99
Bone-Up
120tb [Suggested Retail \$15.99]
- Jarrow Formulas**\$18.99
Glucosamine + Chondroitin
120cp [Suggested Retail \$24.99]
- Jason Sunblock**.....\$7.49-10.99
Assorted SPF
4oz [Suggested Retail \$10.00-14.99]
- Naturally Fresh Crystal Deodorant**..... \$4.99
Female, Male
4.25oz [Suggested Retail \$6.39]
- Naturally Fresh Crystal Spray Deodorant**\$2.99-3.49
Assorted Scents
4oz [Suggested Retail \$3.69-4.59]
- Naturally Fresh Roll-on Deodorant**..... \$3.49
Honeydew Melon, Ocean Breeze
3oz [Suggested Retail \$4.59]
- Peaceful Mountain Rescue Formulas**..... \$3.99-11.99
Assorted Formulas
1-7.6oz [Suggested Retail \$6.49-17.89]

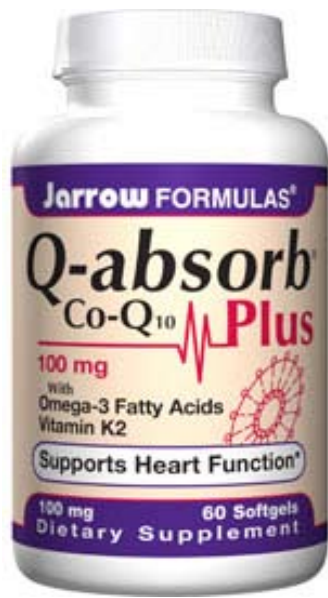
WINE

- Albet i Noya** \$8.99
Petit Negre 2007
750ml [Suggested Retail \$9.99]
- Albet i Noya** \$8.99
Petit Blanc 2007
750ml [Suggested Retail \$10.99]



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Jarrow Formulas
\$29.99

Q-absorb Plus
60sg
[Suggested Retail \$39.99]



Peaceful Mountain Rescue Formulas
\$17.99-19.99

Shinglederm, Shinglederm +
1.4oz [Suggested Retail \$27.19-29.89]



Owner Advantage



Field Roast Celebration Roast
\$5.99

16oz [Suggested Retail \$7.99]



Mt. Vikos Artisan Cheese
\$4.49

Kasseri
6oz
[Suggested Retail \$6.39]

REFRIGERATED / FROZEN

- Andrew & Everett Shredded Cheese** \$2.69
Mexican Mix, Sharp Cheddar
7oz [Suggested Retail \$3.99]
- Cascadian Farm Organic Vegetables** \$2.69
Cut Spinach, Winter Squash
10oz [Suggested Retail \$3.39]
- Field Roast Vegetarian Sausages** \$4.79
Smoked Apple Sage, Italian, Mexican Chipotle
9.6oz [Suggested Retail \$5.89]
- Helios Organic Kefir**\$3.79
Plain, Strawberry, Vanilla, Raspberry
32oz [Suggested Retail \$4.19-4.49]
- Ian's Frozen Chicken**..... \$4.49-4.99
Tenders, Nuggets
7-8oz [Suggested Retail \$5.99-6.29]
- Ian's Frozen Fish Sticks** \$3.99
8oz [Suggested Retail \$5.49]
- Kinnikinnick Donuts**..... \$4.59
Chocolate Dipped, Cinnamon Sugar, Vanilla Glazed
9.5-11.3oz [Suggested Retail \$5.59]
- Kinnikinnick Personal Size Pizza Crust**\$6.79
21oz [Suggested Retail \$7.99]
- Mt. Vikos Artisan Cheese**\$3.49-4.29
Assorted Varieties
4-7oz [Suggested Retail \$4.69-5.99]
- Organic Valley Pourable Yogurt** \$3.59
Berry, Plain, Vanilla
32oz [Suggested Retail \$3.99]
- Sambazon Organic Acai Juice** \$2.49
Assorted Flavors
10.5oz [Suggested Retail \$2.89]
- Sambazon Organic Acai Juice**\$6.79
Original Blend
32oz [Suggested Retail \$7.59]

GROCERY

- Ah!Laska Organic Cocoa Mix**..... \$5.49
Non-Dairy, Low-Fat
12oz [Suggested Retail \$7.19]
- Arrowhead Mills Organic Sesame Tahini** \$5.99
16oz [Suggested Retail \$7.79]

GROCERY CONT.

- Back to Nature Cookies**\$2.99-3.49
Crispy Oatmeal, Peanut Butter Sandwich, Fudge Mint
6.4-9.6oz [Suggested Retail \$3.89-4.69]
- Coombs Family Farms Organic Maple Syrup** \$22.99-24.99
Grade A, Grade B
32oz [Suggested Retail \$28.99]
- Country Choice Organic Old Fashioned Oats** \$2.49
18oz [Suggested Retail \$3.19]
- Eddie's Organic Vegetable Pasta** \$2.49
Bowties, Corkscrews
12oz [Suggested Retail \$2.79]
- Edward & Sons Organic Breadcrumbs** \$3.49
Italian Herb, Lightly Salted, Panko
10.5-15oz [Suggested Retail \$4.89]
- Edward & Sons Organic Croutons** \$2.29
Italian Herb
5.25oz [Suggested Retail \$2.99]
- Enjoy Life Gluten-Free Snack Bars**..... \$2.99
Cocoa Loco, Very Berry
5oz [Suggested Retail \$3.99]
- Late July Organic Sandwich Crackers** \$2.79
Mini Cheddar Cheese, Mini Peanut Butter
5oz [Suggested Retail \$3.59]
- Manitoba Harvest Shelled Hemp Seed**\$1.99
2oz [Suggested Retail \$2.69]
- Manitoba Harvest Hemp Seed Nut Butter**..... \$6.99
10oz [Suggested Retail \$9.29]
- Maria & Ricardo's Tortillas**\$2.29-2.49
Spinach, White Flour
8ct [Suggested Retail \$2.89-2.99]
- Michael Season's Baked Cheese Curls** \$1.99-2.49
Cheddar Cheese, Hot Chili Pepper
5.5-8oz [Suggested Retail \$2.89-3.39]
- Nairn's Oat Biscuit & Oatcakes** \$2.59
Fruit & Spice, Rough Oatmeal
7.1-8.8oz [Suggested Retail \$3.69-3.79]
- Pacific Natural Foods Organic Soup**..... \$2.99
Assorted Flavors
32oz [Suggested Retail \$3.59-3.79]
- Rapunzel Organic Rize** \$0.99
.28oz [Suggested Retail \$1.39]
- Rapunzel Organic Corn Starch** \$2.29
8oz [Suggested Retail \$2.99]
- Santini Sweetened Condensed Milk**\$1.99-2.79
Organic, Original
14oz [Suggested Retail \$2.79-3.69]



Cucina Antica Sauce
\$5.79

La Vodka Sauce, Tomato Basil
25oz
[Suggested Retail \$7.59]



Manitoba Harvest Shelled Hemp Seed
\$5.99

8oz [Suggested Retail \$7.99]



Uncle Sam Cereal
\$2.49-2.99

Original, Mixed Berries
10-10.5oz
[Suggested Retail \$3.39-4.19]



Wellness Dry Super5Mix Dog Food
\$23.99

Chicken
15lb
[Suggested Retail \$27.99]

GROCERY CONT.

- Santini Evaporated Milk**\$1.29
Original
12oz [Suggested Retail \$1.79]
- Surf Sweets Gummy Candy**..... \$1.33
Assorted Varieties
2.75oz [Suggested Retail \$1.79-1.89]
- Suzie's Flatbread**..... \$2.29
Kamut Sesame, Spelt Multi-seed
4.5oz [Suggested Retail \$2.99]

NON-FOOD / PET

- Seventh Generation Automatic Dishwasher Powder** \$4.29
Free & Clear
45oz [Suggested Retail \$5.59]
- Seventh Generation Paper Towels**.....\$1.99
2 Ply
120ct [Suggested Retail \$2.79]
- Twist Cleaning Sponges** \$1.29-3.29
Euro, Naked, Loofah
ea [Suggested Retail \$1.79-4.49]
- Twist Cleaning Cloths**..... \$2.79
Bamboo, Sponge
ea [Suggested Retail \$3.59]
- Twist Cleaning Naked Sponge** \$2.49
2pk [Suggested Retail \$3.29]
- Wellness Dry Cat Food**..... \$9.99
Complete Health Chicken
47oz [Suggested Retail \$11.99]
- Wellness Dry Super5Mix Dog Food** \$11.99
Chicken, Lamb
6lb [Suggested Retail \$13.99]
- Wellness Dry Super5Mix Dog Food** \$42.99
Chicken, Lamb
30lb [Suggested Retail \$49.99]

WELLNESS

- Bluebonnet Formulas Vitamin D3 Softgels** \$5.49-7.99
1000 IU, 2000 IU
100sg [Suggested Retail \$6.95-10.95]
- Bluebonnet Formulas Vitamin D3 Vcaps** \$6.99-10.99
1000 IU, 2000 IU, 5000 IU
60-90vc [Suggested Retail \$8.95-15.95]
- Bluebonnet Formulas Vitamin D3 Vcaps** \$22.99
2000 IU
180vc [Suggested Retail \$29.95]